

Alba / Tramonto

2026

Mese						
	Gennaio	Febbraio	Marzo	Aprile	Maggio	Giugno
1	07.59 am / 04.47 pm	07.40 am / 05.26 pm	06.58 am / 06.06 pm	07.00 am / 07.47 pm	06.08 am / 08.25 pm	05.35 am / 08.59 pm
2	07.59 am / 04.48 pm	07.39 am / 05.27 pm	06.56 am / 06.07 pm	06.58 am / 07.48 pm	06.07 am / 08.26 pm	05.35 am / 09.00 pm
3	07.59 am / 04.49 pm	07.38 am / 05.29 pm	06.54 am / 06.09 pm	06.56 am / 07.49 pm	06.05 am / 08.27 pm	05.34 am / 09.01 pm
4	07.59 am / 04.50 pm	07.37 am / 05.30 pm	06.53 am / 06.10 pm	06.55 am / 07.50 pm	06.04 am / 08.29 pm	05.34 am / 09.02 pm
5	07.59 am / 04.51 pm	07.35 am / 05.32 pm	06.51 am / 06.11 pm	06.53 am / 07.52 pm	06.03 am / 08.30 pm	05.34 am / 09.03 pm
6	07.59 am / 04.52 pm	07.34 am / 05.33 pm	06.49 am / 06.13 pm	06.51 am / 07.53 pm	06.01 am / 08.31 pm	05.33 am / 09.03 pm
7	07.59 am / 04.53 pm	07.33 am / 05.35 pm	06.47 am / 06.14 pm	06.49 am / 07.54 pm	06.00 am / 08.32 pm	05.33 am / 09.04 pm
8	07.58 am / 04.54 pm	07.31 am / 05.36 pm	06.45 am / 06.15 pm	06.47 am / 07.56 pm	05.59 am / 08.34 pm	05.33 am / 09.05 pm
9	07.58 am / 04.55 pm	07.30 am / 05.37 pm	06.43 am / 06.17 pm	06.45 am / 07.57 pm	05.57 am / 08.35 pm	05.32 am / 09.05 pm
10	07.58 am / 04.56 pm	07.29 am / 05.39 pm	06.42 am / 06.18 pm	06.44 am / 07.58 pm	05.56 am / 08.36 pm	05.32 am / 09.06 pm
11	07.57 am / 04.57 pm	07.27 am / 05.40 pm	06.40 am / 06.19 pm	06.42 am / 07.59 pm	05.55 am / 08.37 pm	05.32 am / 09.07 pm
12	07.57 am / 04.59 pm	07.26 am / 05.42 pm	06.38 am / 06.21 pm	06.40 am / 08.01 pm	05.53 am / 08.38 pm	05.32 am / 09.07 pm
13	07.57 am / 05.00 pm	07.24 am / 05.43 pm	06.36 am / 06.22 pm	06.38 am / 08.02 pm	05.52 am / 08.40 pm	05.32 am / 09.08 pm
14	07.56 am / 05.01 pm	07.23 am / 05.45 pm	06.34 am / 06.23 pm	06.36 am / 08.03 pm	05.51 am / 08.41 pm	05.32 am / 09.08 pm
15	07.56 am / 05.02 pm	07.21 am / 05.46 pm	06.32 am / 06.25 pm	06.35 am / 08.05 pm	05.50 am / 08.42 pm	05.32 am / 09.09 pm
16	07.55 am / 05.04 pm	07.20 am / 05.48 pm	06.30 am / 06.26 pm	06.33 am / 08.06 pm	05.49 am / 08.43 pm	05.32 am / 09.09 pm
17	07.54 am / 05.05 pm	07.18 am / 05.49 pm	06.29 am / 06.27 pm	06.31 am / 08.07 pm	05.48 am / 08.44 pm	05.32 am / 09.09 pm
18	07.54 am / 05.06 pm	07.16 am / 05.50 pm	06.27 am / 06.29 pm	06.29 am / 08.08 pm	05.47 am / 08.45 pm	05.32 am / 09.10 pm
19	07.53 am / 05.08 pm	07.15 am / 05.52 pm	06.25 am / 06.30 pm	06.28 am / 08.10 pm	05.46 am / 08.46 pm	05.32 am / 09.10 pm
20	07.52 am / 05.09 pm	07.13 am / 05.53 pm	06.23 am / 06.31 pm	06.26 am / 08.11 pm	05.45 am / 08.48 pm	05.32 am / 09.10 pm
21	07.51 am / 05.10 pm	07.12 am / 05.55 pm	06.21 am / 06.32 pm	06.24 am / 08.12 pm	05.44 am / 08.49 pm	05.32 am / 09.11 pm
22	07.51 am / 05.12 pm	07.10 am / 05.56 pm	06.19 am / 06.34 pm	06.23 am / 08.14 pm	05.43 am / 08.50 pm	05.32 am / 09.11 pm
23	07.50 am / 05.13 pm	07.08 am / 05.57 pm	06.17 am / 06.35 pm	06.21 am / 08.15 pm	05.42 am / 08.51 pm	05.33 am / 09.11 pm

Alba / Tramonto

Mese						
	Gennaio	Febbraio	Marzo	Aprile	Maggio	Giugno
24	07.49 am / 05.14 pm	07.07 am / 05.59 pm	06.15 am / 06.36 pm	06.19 am / 08.16 pm	05.41 am / 08.52 pm	05.33 am / 09.11 pm
25	07.48 am / 05.16 pm	07.05 am / 06.00 pm	06.13 am / 06.38 pm	06.18 am / 08.17 pm	05.40 am / 08.53 pm	05.33 am / 09.11 pm
26	07.47 am / 05.17 pm	07.03 am / 06.02 pm	06.12 am / 06.39 pm	06.16 am / 08.19 pm	05.39 am / 08.54 pm	05.34 am / 09.11 pm
27	07.46 am / 05.19 pm	07.01 am / 06.03 pm	06.10 am / 06.40 pm	06.15 am / 08.20 pm	05.39 am / 08.55 pm	05.34 am / 09.11 pm
28	07.45 am / 05.20 pm	07.00 am / 06.04 pm	06.08 am / 06.42 pm	06.13 am / 08.21 pm	05.38 am / 08.56 pm	05.35 am / 09.11 pm
29	07.44 am / 05.22 pm		07.06 am / 07.43 pm	06.11 am / 08.22 pm	05.37 am / 08.57 pm	05.35 am / 09.11 pm
30	07.43 am / 05.23 pm		07.04 am / 07.44 pm	06.10 am / 08.24 pm	05.37 am / 08.58 pm	05.36 am / 09.11 pm
31	07.42 am / 05.24 pm		07.02 am / 07.45 pm		05.36 am / 08.59 pm	

Alba / Tramonto

2026

Mese						
	Luglio	Agosto	Settembre	Ottobre	Novembre	Dicembre
1	05.36 am / 09.11 pm	06.05 am / 08.47 pm	06.42 am / 07.57 pm	07.18 am / 07.00 pm	06.59 am / 05.07 pm	07.39 am / 04.38 pm
2	05.37 am / 09.11 pm	06.06 am / 08.46 pm	06.43 am / 07.56 pm	07.19 am / 06.58 pm	07.00 am / 05.06 pm	07.40 am / 04.38 pm
3	05.37 am / 09.10 pm	06.07 am / 08.45 pm	06.44 am / 07.54 pm	07.21 am / 06.56 pm	07.02 am / 05.04 pm	07.41 am / 04.37 pm
4	05.38 am / 09.10 pm	06.08 am / 08.43 pm	06.45 am / 07.52 pm	07.22 am / 06.55 pm	07.03 am / 05.03 pm	07.42 am / 04.37 pm
5	05.39 am / 09.10 pm	06.09 am / 08.42 pm	06.47 am / 07.50 pm	07.23 am / 06.53 pm	07.05 am / 05.02 pm	07.43 am / 04.37 pm
6	05.39 am / 09.09 pm	06.11 am / 08.40 pm	06.48 am / 07.48 pm	07.24 am / 06.51 pm	07.06 am / 05.00 pm	07.44 am / 04.37 pm
7	05.40 am / 09.09 pm	06.12 am / 08.39 pm	06.49 am / 07.46 pm	07.26 am / 06.49 pm	07.07 am / 04.59 pm	07.45 am / 04.37 pm
8	05.41 am / 09.08 pm	06.13 am / 08.38 pm	06.50 am / 07.44 pm	07.27 am / 06.47 pm	07.09 am / 04.58 pm	07.46 am / 04.36 pm
9	05.42 am / 09.08 pm	06.14 am / 08.36 pm	06.51 am / 07.42 pm	07.28 am / 06.45 pm	07.10 am / 04.57 pm	07.47 am / 04.36 pm
10	05.42 am / 09.08 pm	06.15 am / 08.35 pm	06.53 am / 07.41 pm	07.30 am / 06.44 pm	07.12 am / 04.55 pm	07.48 am / 04.36 pm
11	05.43 am / 09.07 pm	06.16 am / 08.33 pm	06.54 am / 07.39 pm	07.31 am / 06.42 pm	07.13 am / 04.54 pm	07.49 am / 04.36 pm
12	05.44 am / 09.06 pm	06.18 am / 08.32 pm	06.55 am / 07.37 pm	07.32 am / 06.40 pm	07.14 am / 04.53 pm	07.50 am / 04.36 pm
13	05.45 am / 09.06 pm	06.19 am / 08.30 pm	06.56 am / 07.35 pm	07.33 am / 06.38 pm	07.16 am / 04.52 pm	07.51 am / 04.37 pm
14	05.46 am / 09.05 pm	06.20 am / 08.28 pm	06.57 am / 07.33 pm	07.35 am / 06.36 pm	07.17 am / 04.51 pm	07.52 am / 04.37 pm
15	05.47 am / 09.04 pm	06.21 am / 08.27 pm	06.59 am / 07.31 pm	07.36 am / 06.35 pm	07.19 am / 04.50 pm	07.52 am / 04.37 pm
16	05.48 am / 09.04 pm	06.22 am / 08.25 pm	07.00 am / 07.29 pm	07.37 am / 06.33 pm	07.20 am / 04.49 pm	07.53 am / 04.37 pm
17	05.49 am / 09.03 pm	06.24 am / 08.24 pm	07.01 am / 07.27 pm	07.39 am / 06.31 pm	07.21 am / 04.48 pm	07.54 am / 04.37 pm
18	05.50 am / 09.02 pm	06.25 am / 08.22 pm	07.02 am / 07.25 pm	07.40 am / 06.29 pm	07.23 am / 04.47 pm	07.54 am / 04.38 pm
19	05.51 am / 09.01 pm	06.26 am / 08.20 pm	07.03 am / 07.23 pm	07.41 am / 06.28 pm	07.24 am / 04.46 pm	07.55 am / 04.38 pm
20	05.52 am / 09.00 pm	06.27 am / 08.19 pm	07.05 am / 07.21 pm	07.43 am / 06.26 pm	07.25 am / 04.45 pm	07.56 am / 04.39 pm
21	05.53 am / 08.59 pm	06.28 am / 08.17 pm	07.06 am / 07.19 pm	07.44 am / 06.24 pm	07.27 am / 04.44 pm	07.56 am / 04.39 pm
22	05.54 am / 08.58 pm	06.30 am / 08.15 pm	07.07 am / 07.17 pm	07.45 am / 06.23 pm	07.28 am / 04.43 pm	07.57 am / 04.40 pm
23	05.55 am / 08.57 pm	06.31 am / 08.14 pm	07.08 am / 07.16 pm	07.47 am / 06.21 pm	07.29 am / 04.43 pm	07.57 am / 04.40 pm

Alba / Tramonto

Mese						
	Luglio	Agosto	Settembre	Ottobre	Novembre	Dicembre
24	05.56 am / 08.56 pm	06.32 am / 08.12 pm	07.10 am / 07.14 pm	07.48 am / 06.19 pm	07.30 am / 04.42 pm	07.58 am / 04.41 pm
25	05.57 am / 08.55 pm	06.33 am / 08.10 pm	07.11 am / 07.12 pm	06.49 am / 05.18 pm	07.32 am / 04.41 pm	07.58 am / 04.41 pm
26	05.58 am / 08.54 pm	06.35 am / 08.08 pm	07.12 am / 07.10 pm	06.51 am / 05.16 pm	07.33 am / 04.41 pm	07.58 am / 04.42 pm
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29	06.01 am / 08.51 pm	06.38 am / 08.03 pm	07.16 am / 07.04 pm	06.55 am / 05.12 pm	07.37 am / 04.39 pm	07.59 am / 04.44 pm
30	06.02 am / 08.50 pm	06.39 am / 08.01 pm	07.17 am / 07.02 pm	06.56 am / 05.10 pm	07.38 am / 04.39 pm	07.59 am / 04.45 pm
31	06.04 am / 08.48 pm	06.41 am / 07.59 pm		06.58 am / 05.09 pm		07.59 am / 04.46 pm